

# Men's Health Report Card™ – Wisconsin

## Men's Health Network

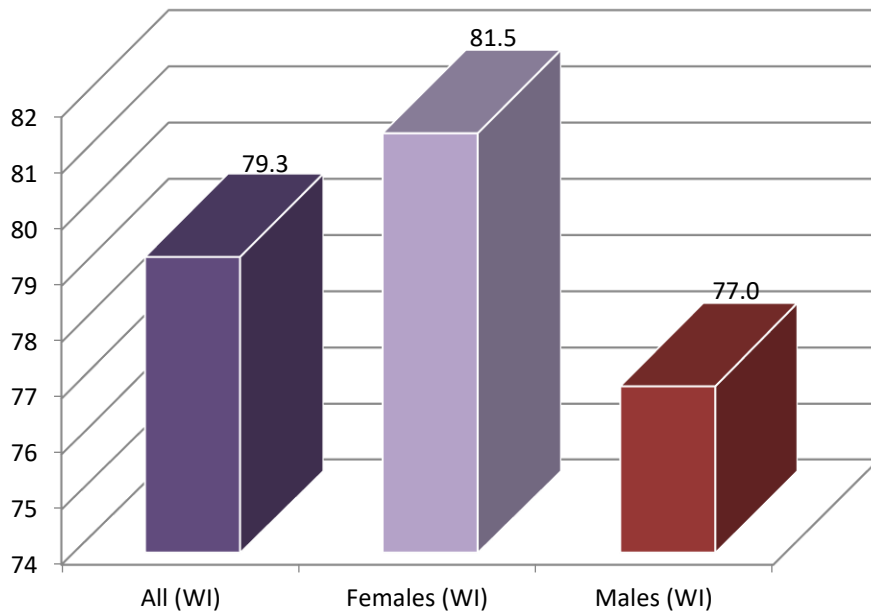
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Compiled by Chris Komst and Jacob Roy

- “There is a silent health crisis in America...it’s that fact that, on average, American men live sicker and die younger than American women.” - *Dr. David Gremillion, Men's Health Network*

It has been called the “silent crisis” for good reason. It’s Men’s Health. Overall, men live “sicker” and shorter lives than women. It’s common knowledge that a woman the same age as her husband will most likely live longer than he will. But the true crisis lies in the popular acceptance of these statistics. Every year, in every state, the death rate for men is higher than the rate for women.

### Wisconsin Life Expectancy at Birth: Most Recent Data



### Wisconsin vs U.S. Life Expectancy at Birth, 2013-2014<sup>1</sup>

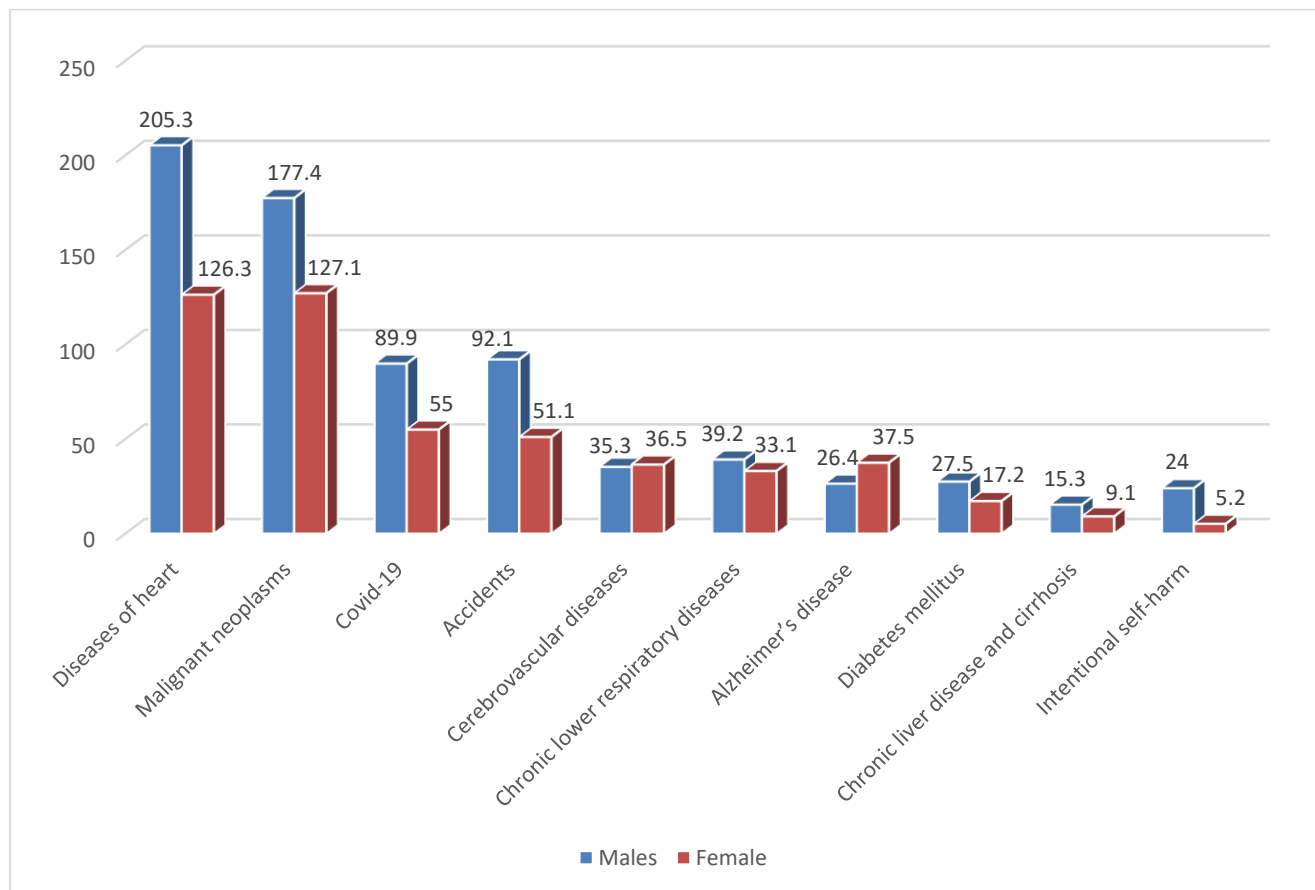
(The most current data available to compare state with national.)

Female/Race (Population)	Life Expectancy (Years)	Male/Race (Population)	Life Expectancy (Years)
White (US)	81.4	White (US)	76.7
<b>White (WI)</b>	<b>82.7</b>	<b>White (WI)</b>	<b>77.8</b>
Black (US)	78.5	Black (US)	72.5
<b>Black (WI)</b>	<b>77.1</b>	<b>Black (WI)</b>	<b>70.7</b>
Hispanic (US)	84.5	Hispanic (US)	79.4
<b>Hispanic (WI)</b>	<b>88.8</b>	<b>Hispanic (WI)</b>	*
Asian/Pac. Islander (US)	88.9	Asian/Pac. Islander (US)	84.1
<b>Asian/Pac. Islander (WI)</b>	*	<b>Asian/Pac. Islander (WI)</b>	*
Amer. Indian/Alaskan Native (US)	*	Amer. Indian/Alaskan Native (US)	*
<b>Amer. Indian/Alaskan Native (WI)</b>	*	<b>Amer. Indian/Alaskan Native (WI)</b>	*

\* No data available

<sup>1</sup> US Department of Health and Human Services, Centers for Disease Control and Prevention. National Vital Statistics Reports. United States Life Tables, 2014. < [https://www.cdc.gov/nchs/data/nvsr/nvsr66/nvsr66\\_04.pdf](https://www.cdc.gov/nchs/data/nvsr/nvsr66/nvsr66_04.pdf) >

## Wisconsin: Age-Adjusted Death Rates (All Ages) for the Leading Causes of Death, by Sex (2020)<sup>2</sup>



### Mortality rates per 100,000; Age-Adjusted using 2020 Standard Population<sup>2</sup>

Cause of Death	National Rate (Male)	WI Rate (Male)	WI Rate (Female)
Diseases of heart	214.2	205.3	126.3
Malignant neoplasms	170.3	177.4	127.1
Covid-19	107.7	89.9	55.0
Accidents	80.5	92.1	51.1
Cerebrovascular diseases	39.8	35.3	36.5
Chronic lower respiratory diseases	40.2	39.2	33.1
Alzheimer's disease	25.3	26.4	37.5
Diabetes mellitus	31.2	27.5	17.2
Chronic liver disease and cirrhosis	17.5	15.3	9.1
Intentional self-harm	22.0	24.0	5.2

\* = unavailable or negligible number

<sup>2</sup> Underlying Cause of Death. Centers for Disease Control and Prevention.  
<https://wonder.cdc.gov/controller/datarequest?stage=search&action=current>

## State-Specific Leading Causes of Mortality, by Gender and Race<sup>3</sup>

### Wisconsin's 10 Leading Causes of Death by Gender

Rank	Men	Women
1	Diseases of heart	Diseases of heart
2	Malignant neoplasms	Malignant neoplasms
3	Covid-19	Covid-19
4	Accidents	Accidents
5	Chronic lower respiratory diseases	Alzheimer's disease
6	Cerebrovascular diseases	Cerebrovascular diseases
7	Diabetes mellitus	Chronic lower respiratory diseases
8	Alzheimer's disease	Diabetes mellitus
9	Intentional self-harm	Nephritis, nephrotic syndrome and nephrosis
10	Chronic liver disease and cirrhosis	Influenza and pneumonia

\*Rankings only account for deaths due to singular cause of death and does not account for multiple causes of death

### Wisconsin's 10 Leading Causes of Death by Race<sup>4</sup>

Rank	Non-Hispanic White	Non-Hispanic Black	Hispanic/Latino
1	Diseases of heart	Diseases of heart	Covid-19
2	Malignant neoplasms	Malignant neoplasms	Accidents
3	Covid-19	Accidents	Malignant neoplasms
4	Accidents	Covid-19	Diseases of heart
5	Chronic lower respiratory diseases	Assault (homicide)	Diabetes mellitus
6	Cerebrovascular diseases	Cerebrovascular diseases	Cerebrovascular diseases
7	Alzheimer's disease	Diabetes mellitus	Chronic liver disease and cirrhosis
8	Diabetes mellitus	Chronic lower respiratory diseases	Intentional self-harm
9	Parkinson disease	Nephritis, nephrotic syndrome and nephrosis	Assault (homicide)
10	Intentional self-harm	Alzheimer's disease	Alzheimer's disease
Rank	Asian/Pacific Islander	American Indian/ Alaskan Native	All
1	Malignant neoplasms	Diseases of heart	Diseases of heart
2	Diseases of heart	Accidents	Malignant neoplasms
3	Covid-19	Malignant neoplasms	Covid-19
4	Cerebrovascular diseases	Covid-19	Accidents
5	Accidents	Chronic liver disease and cirrhosis	Cerebrovascular diseases
6	Diabetes mellitus	Diabetes mellitus	Chronic lower respiratory diseases
7	Influenza and pneumonia	Chronic lower respiratory diseases	Alzheimer's disease
8	Essential hypertension and hypertensive renal disease	Cerebrovascular diseases	Diabetes mellitus
9	Chronic lower respiratory diseases	Intentional self-harm	Chronic liver disease and cirrhosis
10	Alzheimer's disease	*	Intentional self-harm

\*Rankings only account for deaths due to singular cause of death and does not account for multiple causes of death

\* = Data unavailable

<sup>3</sup> Centers for Disease Control and Prevention, National Center for Health Statistics. National Vital Statistics System, Mortality 1999-2020 on CDC WONDER Online Database.

<sup>4</sup> Centers for Disease Control and Prevention, National Center for Health Statistics. National Vital Statistics System, Mortality 1999-2020 on CDC WONDER Online Database.

## Leading Causes of Death for Boys<sup>5</sup>

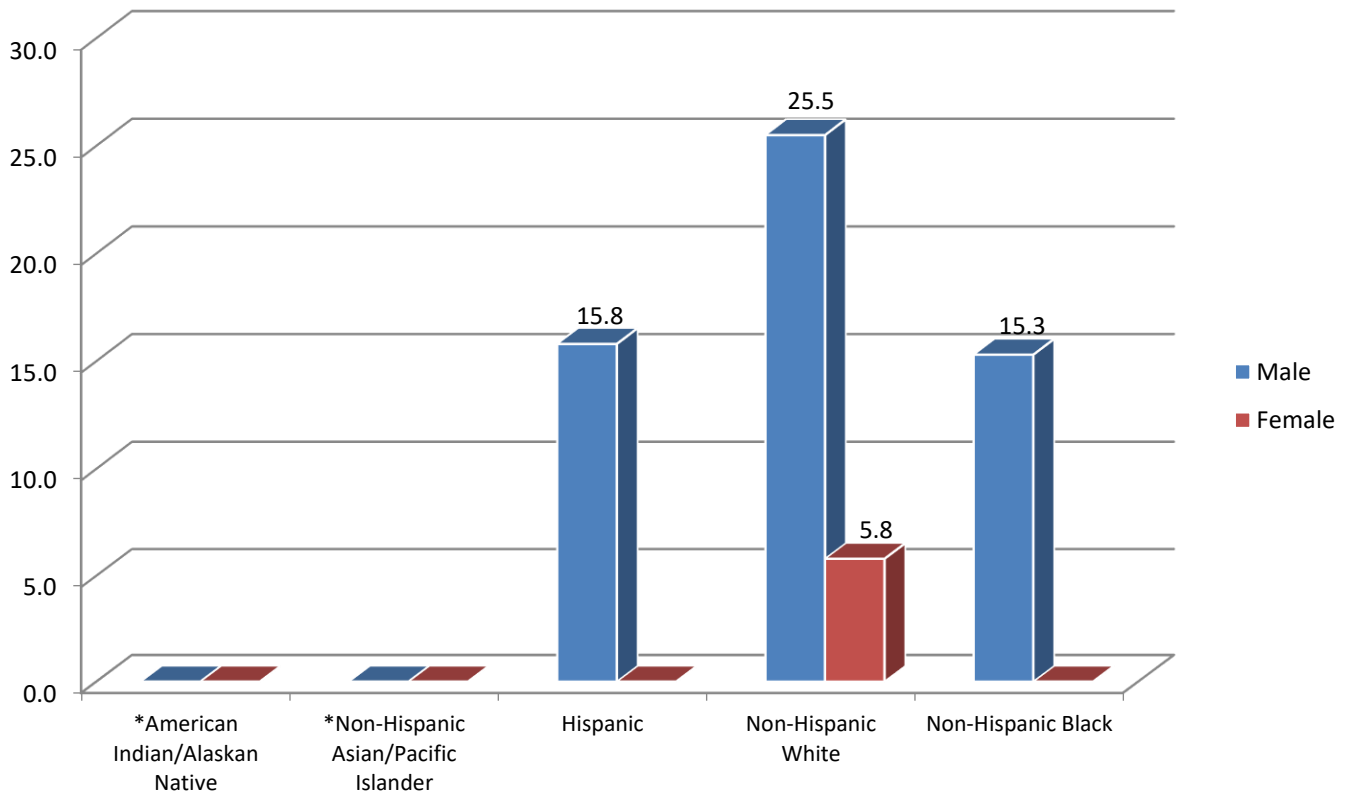
While the rates of birth defects, cancer, and heart disease are similar for both boys and girls, many more boys die from unintentional injuries, homicide, and suicide than girls. *It can be concluded that the higher rate of death in boys may be preventable.*

**Wisconsin: Leading Causes of Death for Ages 0-19**  
(Crude rates per 100,000; using 2018-2020 Standard Population)

Cause of Death	Boys					Girls				
	0-19	0-4	5-9	10-14	15-19	0-19	0-4	5-9	10-14	15-19
Birth defects	14.8	63.2	*	*	*	11.4	48.5	*	*	*
Accidents	11.0	13.2	*	5.3	21.6	6.0	8.9	*	*	9.6
Intentional self-harm	5.4	*	*	*	17.1	2.0	*	*	*	5.1
Assault (homicide)	4.8	5.7	*	*	11.8	1.9	4.1	*	*	*
Malignant neoplasms	2.3	*	*	*	*	2.3	*	*	*	*

\* = unavailable or negligible number

## Wisconsin: Age-Adjusted Suicide Rates per 100,000 (2020)<sup>3</sup>:



\*Sample size is too small to report findings

<sup>5</sup> Centers for Disease Control and Prevention, National Center for Health Statistics. National Vital Statistics System, Mortality 1999-2020 on CDC WONDER Online Database. <http://wonder.cdc.gov/ucd-icd10.html>.

## Prostate Cancer Incidence and Mortality<sup>6,7</sup>

In 2022, the American Cancer Society estimates:

- 5,590 new cases of prostate cancer will be diagnosed among men in Wisconsin
- 740 men die of prostate cancer in Wisconsin

The National Cancer Institute provides the following age-adjusted incidence rates for prostate cancer for the years 2014-2018 (per 100,000):

Race/Ethnicity	Wisconsin	National
Overall	112.5	106.2
White (Includes Hispanic)	108.7	97.6
Black (Includes Hispanic)	192.8	168.6
Hispanic (Any Race)	82.5	83.9
Asian/Pacific Islander	47.2	54.7
American Indian/Alaskan Native	112.6	53.7

\* = unavailable or negligible number

### Aging in Wisconsin

- More than one-half the elderly widows now living in poverty were not poor before the death of their husbands.

*Meeting the Needs of Older Women: A Diverse and Growing Population, The Many Faces of Aging, U.S. Administration on Aging*

In Wisconsin, the male-female ratio converges in the late 40s and then drops rapidly as shown in this chart developed from year 2010 Census data.

### Wisconsin Resident Population: 2010 Census by Age and Sex<sup>8</sup>

Age	Number			Males per 100 females
	Both sexes	Male	Female	
<b>Total population</b>	5,686,986	2,822,400	2,864,586	98.5
Under 5 years	358,443	183,391	175,052	104.8
5 to 9 years	368,617	188,286	180,331	104.4
10 to 14 years	375,927	192,232	183,695	104.6
15 to 19 years	399,209	204,803	194,406	105.3
20 to 24 years	386,552	196,897	189,655	103.8
25 to 29 years	372,347	189,349	182,998	103.5
30 to 34 years	349,347	178,120	171,227	104.0
35 to 39 years	345,328	174,619	170,709	102.3
40 to 44 years	380,338	191,738	188,600	101.7
45 to 49 years	437,627	218,539	219,088	99.7
50 to 54 years	436,126	218,303	217,823	100.2
55 to 59 years	385,986	192,952	193,034	100.0
60 to 64 years	313,825	155,756	158,069	98.5
<b>65 to 69 years</b>	<b>227,029</b>	<b>109,168</b>	<b>117,861</b>	<b>92.6</b>
70 to 74 years	173,467	81,067	92,400	87.7
75 to 79 years	141,252	62,181	79,071	78.6
80 to 84 years	117,061	47,549	69,512	68.4
85 years and over	118,505	37,450	81,055	46.2

<sup>6</sup> American Cancer Society: Cancer Facts & Statistics. American Cancer Society | Cancer Facts & Statistics. <https://cancerstatisticscenter.cancer.org/#/cancer-site/Prostate>.

<sup>7</sup> State Cancer Profiles. State Cancer Profiles > Incidence Rates Table.

<https://statecancerprofiles.cancer.gov/incidencerates/index.php?stateFIPS=00&areatype=state&cancer=066&race=02&sex=1&age=001&stage=999&year=0&type=incd&sortVariableName=rate&sortOrder=default&output=0#results>.

<sup>8</sup> American FactFinder, U.S. Census Bureau. Age Groups and Sex: 2010.

<[http://factfinder2.census.gov/faces/nav/jsf/pages/community\\_facts.xhtml](http://factfinder2.census.gov/faces/nav/jsf/pages/community_facts.xhtml)>